

2016 STA-Trafton Academy Cross Country Camp

- Date(s):** August 8-August 12, 2016
- Cost:** \$45.00 (Checks Payable to TA Athletics)
- Time:** Monday-Wednesday
8:30 am until 12:30 pm
Thursday
3:30 pm-6:30 pm
Friday Race at 3:30 pm Awards follow
- Where:** St. Thomas Aquinas School Grounds
- Who:** K through 8th graders from any local school.
- Bring:** Please bring a towel, snack or lunch, proper running attire, tennis shoes, swim suit for Wed. of camp.
- What:** We will have lots of fun and games, relays, light weight training for older campers, guest speakers, camp t-shirt, a little bit of running, awards and a race on the last day of camp and swimming on Wednesday of camp.
- Information:** Contact Coach Miguel Becerra
(Home) 985-542-2685
(Cell) 985-320-4290
- Coaches:** Miguel Becerra (Trafton Academy/STA)
Craig Rock(Former STA/ULL)
Crystal Rock(Former STA)
Rosendo Vallejos(Trafton Academy/STA)

2016 Trafton Academy-STA Cross Country Camp

Name: _____

Grade: _____

T-Shirt Size: _____

Emergency Number: _____

Method of Payment: _____

_____ will be picking my
child/children from TA CC Camp.